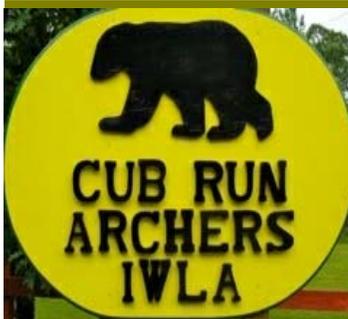


Newsletter of the Cub Run Archers

AFIWLA Archery Club



www.cubrunarchers.org
 Facebook = [Cubrunarchers](#)

Upcoming Events:

Next Meeting
 Sept 17th 11:00 AM

Saturday, Sept 02, 2017 –
 Sunday, Sept 03, 2017
 08:00am

VBA State Closed Two Day
 Tournament

Sunday, Sept 10, 2017
 09:00am - 01:00pm
 Cub Run Archers Annual
 "Buckbuster" 3-D Shoot

Saturday, Sept 16, 2017
 09:00am
 NORVA "Deerhunters
 Prep School" 3-D Shoot

Saturday, Sept 16, 2017 –
 Sunday, Sept 17, 2017
 06:00pm
 VBA Quarterly Meeting &
 2018 Scheduling Session

President: A slate of officers are elected by acclamation. The following people will serve starting at the next monthly meeting on Sept. 17th: President; Bob Walla, Vice President; Dave Burke, Secretary; Robert D'Imperio, Treasurer; Jim Kerrigan, Range Captain; Chris Rose, 3D Director; Ryan Johnson, Indoor Director; Byron Kissane, Public Relations; Jim Smith, Social Director; Terri Perry

Correspondence/Secretary Report: The money shoot was a stunning success. 96 shooters from Virginia, West Virginia, Maryland, Pennsylvania, Kentucky and Ohio were represented.

Membership Concerns: There were comments from money shoot participants regarding the safety of the course especially, station 13. Solutions to the issues are being investigated.

Tournament Director/Vice President: Sept. 10 Buckbuster is the last shoot of the season. Sat. the 9th Dave will need a little help. 3 Shoots proposed for next year, Winter Classic, Money Shoot, and Buckbuster.

Range Captain: We need to move the podium to in front of the flagpole.

Indoor Archery Director: August 30th is the start of George Mason classes at the Indoor Range.

Social Director: Luncheon after the October meeting.

AFC Archery Director: Archery 101 class on Sept. 17th. Please see Dick to add your name and membership number for 8 hour discount by November.

Youth/Public Relations/Membership Director: Please consider paying your IWLA dues early this year.

VBA Representative: September meeting is for shoot scheduling. Red also needs submissions for the Busybody.

Old Business: Many thanks to Dave Dobbins for his years of devotion and service as Vice President. Also thanks to Dan Roberts for serving ably as Indoor Director.

New Business: 5 gallons of expensive deck paint was stolen from the Indoor Range which cost us \$300 to replace. Chris Rose had his hand truck stolen as well. Also, 6 youth archery shafts were intentionally bent in half. If anyone has any information regarding these transgressions, please let us know.

Smitty proposed to have bottled water for sale in the fridge. Approved.

Archery 101 Class

On Sunday, September 17, and Sunday, October 2, Cub Run Archers will be hosting a beginner's archery class. The class will take place in the indoor archery range starting at 1:00 p.m. and lasting until 4:00 p.m.

The class is for those who have never shot archery before or have very little knowledge of the sport of archery and would like to see what our sport is all about. The class will cover the different types of archery equipment, safety, purchasing of equipment, and shooting.

We have the bows and arrows, all you need to do is show up. For Chapter members, the class is \$20.00 for adults and \$10.00 for children with a max of \$30.00 per Chapter family and for non-Chapter members, the class is \$25.00 per adult and \$15.00 for children with a family max of \$40.00. Class fees will be collected before the start of the class beginning at 12:45 p.m.

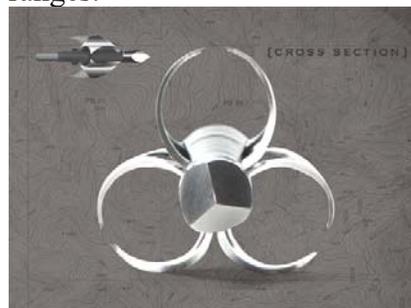
To register for the class, contact Dick Riemer by e-mail at rriemer@cox.net or by phone at 703-543-8585. The minimum age for children is 9 years old. For children registering, please include their age. The class will be limited to 35, do not wait too long to register.

Archery 2 Class On Sunday, September 24, Cub Run Archers will be hosting an archery 2 class. If you have attended our 101 beginners class or have some archery experience, this class is for you. Class cost for Chapter members is \$20.00 for adults and \$10.00 for children with a family max of \$30.00 and for non-Chapter members, \$25.00 for adults and \$15.00 for children with a family max of \$40.00. Class fees will be collected before the start of the class beginning at 12:45 p.m.

To register for the class, e-mail Bob Walla at JRJWALLA@Gmail.Com. Minimum age for the class is 9 years old.

With Hunting Season Approaching a Reminder About Coring Broadheads

Toxic and similar broadheads are banned from AFIWLA Cub Run Archers archery ranges.



This type of broadhead does extensive damage to targets with each shot and greatly shortens the useful life of the target. These broadheads are not to be used while shooting any range on the property (including the broadhead targets).



The Busybody

Robert and Nick D'Imperio showing how it is done!

Big congrats to CRA's own [Robert D'Imperio](#) on his Archery State Field Championship! Way to go!!!

Congratulations to Nick D'Imperio on his Silver medal at the World Archery VA State Field Championship



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Hunting Season is Coming Soon

Its a imperative your broadheads are tuned before you go hunting.

1- Make sure broadheads are razor sharp



Before you start to tune your broadheads, make sure they are sharp enough to shave the hair on your arm (be careful).

If using a fixed blade broadhead, use a sharpie pen to mark all the edges and begin to sharpen on the flat stone with side to side motions. Turn the broadhead and sharpen the other edges using equal amounts of pressure and the same amount of strokes per side to ensure proper balance. When the black marker is completely rubbed off, there should be no more imperfections on the edges. Turn the stone over to use the finer grit and lightly hone all sides equally. If you use replaceable blades put new ones in the broadhead if the old ones are nicked or dull. Note: you can sharpen these blades with a V shaped sharpening tool.

2- Spin Test The Broadheads

Screw the broadhead onto your arrow shaft. I like to build them so the vanes line up with the broadhead blades. Holding the arrow vertical, spin the shaft with both hands and look to see if the broadhead wobbles at all. If it spins true with out wobbling, go to the next arrow. If the broadhead wobbles add a rubber O-ring and spin it again. If it still wobbles, keep trying your other broadheads (of the same type) until you find an arrow/broadhead combination that spins true. I find G-5 Montecs spin and fly the truest.



3- Test flight

In order to keep your broadhead edges sharp I do not test fire my hunting broadheads into targets. I use pre-season broadheads that are exactly the same in every way, except they are dull. Make sure they are spinning true on your arrow shaft before shooting them at the target range. If the arrow makes it downrange without doing big circles, your in business. Just make sure you can group the broadheads well to 40 yards.

If the broadheads are hitting all over the map and it is not your shooting, make sure your arrow is spined correctly for your poundage and draw length. If you cannot group tight with your broadheads; and you are using the right arrows, and the broadheads pass the spin test, you might want to consider a tighter tolerance of arrow like .003 or .001 straightness and a smaller grain variance per dozen arrows.

4- Sight in your broadheads

Sometimes your broadheads will not hit the target in the same place as your field points do. This could mean your bow is not paper tuned, timed right, different weight heads and so on. If everything is tuned correctly and you are using the same grain heads and still your broadheads are landing down and left of where your field points hit, you will need to move your rest. Some people just sight there bow in for broadheads and then once again for field points. My bow is sighted inso that field points and broadheads are hitting the same spot at 20, 30, 40, 50, and 60 yards.

(continued on next page)



5- Adjust Rest To Sight in Broadheads with Field Tips (only if needed or wanted)

Shoot 3 arrows with field points at 20 yards and then take a brief rest. Shoot 3 of your arrows with broadheads at 20 yards and then you will see 2 different groups. If your broadheads are hitting 2 inches low and 2 inches to the left, move your rest a smidgen to the right and a smidgen higher.

You are trying to get 1 point of impact. Shoot 3 field tips and then 3 broadheads and if you need to adjust more, make tiny adjustments. Once your broadheads and field tip arrows are hitting the same spot, you will have to re adjust your pins. Now confirm these steps at all your different yardages just to make sure you are dialed in. Make sure you are resting between your 3 shot groups to take out any chance of shooting error.

If fatigued finish the next day or take a long break.

DGIF What's New for 2017–2018

Licenses

- A resident junior bear license (ages 12–15) is now available for \$6.50.

General Information

- [Blaze pink](#) may now be worn where there is a [blaze colored requirement](#).

Bear

- All areas that had an August or September bear hound training season will have the same season dates. Additionally, the season will begin earlier on August 1st.
- There is a new three-day open (firearms) season in a number of counties in western Virginia. Hunting hours, bag and weight limit, weapon requirements, dog use, and all other open and general bear season regulations apply.

Deer

- Muzzleloading either-sex deer hunting days have been changed for several counties west of the Blue Ridge (see page 37).
- Earn A Buck has been established for private lands in Fauquier and Montgomery counties and for all towns and cities in Virginia (except Chesapeake, Suffolk, and Virginia Beach).
- Firearms either-sex deer hunting day have been significantly reduced for over a dozen eastern counties and eliminated on most National Forest and Department owned lands west of the Blue Ridge. It is now legal to buy and sell the hair, hide, tail, sinew, skull, antlers, bones, and feet of a legally possessed deer or elk carcass or carcass part, any products made from these carcass parts, and deer or elk mounts. Deer or elk meat (venison), organs, etc. cannot be bought and sold.
- Air rifles for deer hunting have been restricted to .35 caliber or larger and their use prohibited for bear and elk hunting.
- Charlottesville, Boones Mill, and Victoria have been added to the urban archery deer season(s).



The Busybody

Dear Fellow Archers;

The first Cub Run Money Shoot is in the books and it was an unmitigated success. We had 96 shooters from all 4 corners of the mid-Atlantic including Kentucky, Ohio, Pennsylvania, West Virginia, Maryland and of course Virginia!

They converged on our beautiful course to battle it out for supremacy on the 3D field. I have attached some photos of the event for you all to enjoy. We had so many positive comments including "I felt like I was at an ASA National Pro/am!" "Better run than OPA!" "We came all the way from Ohio and had the time of our lives. We will definitely be back next year!"

There are so many people to thank for the countless man hours it took to put this together including Ryan Johnson, Resa Combs, Bob Walla, Gilbert Ramey, Marvin Hicks, Fred Ansick, Bruce Caviness, Steve Bolinski, Roy Trent, Eric Eifler, Nicholas D'Imperio, Dennis Burke, Darren Delorin, Dan Roberts, Mark Gauntner, Mike Cinnamon, Dick Riemer, Jim Smith, Edwin Pabon, and others I am sure to have forgotten.

I do want to single out one person for very special thanks that was in the trenches with me doing the heavy lifting and without whom this shoot would have been a mere shadow of what it turned out to be; Dave Burke. He worked tirelessly to make this happen and there are no words to convey what he meant to the outcome of this tournament.

Please check out the Cub Run Archers Facebook page for scores and results. Thanks everyone and see you next year!

Robert D'Imperio
Secretary, Cub Run Archers



What can I do to avoid hitting a deer with my car?



Drive defensively, especially in the fall. Fall is the mating season for deer, commonly called the "rut" by deer hunters, and the time of year when deer are the most active. Approximately one-half or more of all deer-vehicle collisions generally occur during the three months of October, November, and December. Below are a series of suggestions that will help minimize your chances of hitting a deer.

* Be especially careful when driving at dawn and at dusk. This time of day is when deer are most active. Unfortunately, after the fall time change, these are also the times of day that most people commute to and from work.

* If you see a deer crossing the road up ahead, slow down immediately and continue to drive slowly until you are past the point where the deer crossed. Female deer frequently travel in groups and more deer may be about to cross.

* Deer habitually use particular areas to cross roads, usually crossing between areas of cover. Drivers should slow down when driving through these areas, particularly at dawn and dusk in the fall. If you see a VDOT deer crossing warning sign, slow down and be more attentive. It is there for a reason.

* Do not swerve to miss a deer. You should brake and stay in your lane. Losing control of your vehicle, crossing into another lane, hitting an oncoming vehicle, or leaving the road and hitting a tree will almost always result in a more serious accident than hitting a deer.

Any person who is involved in a motor vehicle collision that kills a deer or bear is required by law to immediately report the accident to a Conservation Police Officer (Game Warden) or other law enforcement officer in the county or city where the accident occurred. The State does not pay for damages incurred from collisions with wildlife. Consult your insurance company.

Drivers who collide with a deer or bear may keep the animal for their own use, provided they report the accident to a law enforcement officer where the accident occurred. The officer will view the animal and give the person a possession certificate.

A friend of mine purchased deer whistles for his SUV. Do they work?

No. There is no data or research to show that deer whistles are effective in reducing deer vehicle collisions.

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National Archery in the Schools Program (NASP) Hitting the Mark

by Bruce Ingram

The time is 7:30, Monday morning at the Northside Middle School gym in Roanoke County. Twenty-four students in grades six through eight have arrived to engage in an extracurricular activity with their coach, Bob Shelton, a physical education teacher at the school. But these young people aren't there to improve their jump shots or running times. Instead, they are working on their archery skills as part of the National Archery in the Schools Program (NASP). "There are so many good things about NASP," Shelton tells me. "One of the kids who joined had been listed as an 'at risk' child, but now he has a reason to come to school and feel a part of things. NASP is also a great way to stimulate a young person's interest in the outdoors.

"At the beginning of the program, of our 24 kids only three of them were bowhunters. Now, seven or eight have bought their own bows and have caught the bowhunting fever. But one of the best things, and also most pleasurable for me, is that these young people are just excited to be here, improving their archery skills."

Karen Holson, who supervises the outdoor education program for the Department (DGIF) and serves as the state NASP coordinator, maintains that such turnarounds are not uncommon because of student participation in NASP.

"There is a grandmother in Newport News who has a wonderful story about her grandson and how he never participated or enjoyed sports in the past but really enjoyed archery. He even asked for a bow for Christmas and now shoots every day after school," she says.

Soon, the satisfying sound of "thwack" is heard throughout the gym as the young folks release arrows toward targets at distances of 10 and 15 meters. Five stations exist and each student shoots five arrows before the next quintet arrives to do the same.

Shelton relates that the National Wild Turkey Federation is a sponsor of NASP and, through the DGIF education program, Northside Middle School has been assigned 12 bows, five targets and arrow-resistant netting, among other things. Community support also has developed: A local archery club, Sherwood Archers, gives students discount memberships, and eight or nine students joined early on. Such support around the state is common, adds Holson.

Shelton's program has been so successful that, in 2008, the Roanoke County school won first place in the middle school division. Eighth-grader Will Echols captured the individual award for middle school students.



(NASP Continued)

“We have many other donors and contributors that make this program work,” she emphasizes. “The DGIF and my volunteer instructors put in many hours for the Virginia NASP!”



Shelton says that the fervor of his students has even influenced him. “I hadn’t bowhunted in about 10 years until I started coaching these kids,” says the Botetourt County resident. “Now because of their passion, I’ve started back. Sitting in a treestand on an October afternoon after school is a great way to enjoy the fall.” “Our team winning was really exciting,” Echols tells me. “Last year was the first time I had ever shot a bow, and I got really into it. I practice a lot at home, and hopefully I can start bowhunting one day.”

Seventh-grader Anna Hensley relates that an incident in phys. ed. class piqued her interest. “One day we were shooting and Coach Shelton tells me that I would probably be really good at archery and suggested that I come out for the team,” she says. “A lot of my friends also said that archery was really fun, and they were right. My dad bowhunts, and maybe I can start going with him.”

Three days later, I am in the gym at Hidden Valley High School, another Roanoke County training site for budding archers, on a Thursday afternoon. Teacher Lisa Sink-Morris has just given her “pre-game” pep talk, this one about the importance of peep sights remaining in a fixed location. Then, employing the same whistle that she does for her phys. ed. class, Sink-Morris sounds off. The students commence shooting.



Sink-Morris, who the students affectionately call Coach Mo, has been target shooting for some 25 years and credits her mother for introducing her to the pastime. All in all, some 35 students participate in her NASP team program.



“I have the school eccentrics,” laughs Coach Mo. “That is, the ones that aren’t interested in playing ball sports or in various club activities. In fact, a lot of my kids weren’t participating in anything extracurricular until NASP came along. It gives them a place where they feel comfortable and a part of things.”

Later, freshman Wayne Veldsman comes up to Sink-Morris and proudly shows her a “Robin Hood”—that is, two arrows that were shot in the same place on a target, so much so that one arrow’s point has buried itself in another arrow’s nock.

In 2008, her team finished second in the high school division for Virginia’s NASP. But the group’s biggest claim to fame was testifying before some 35 members of Congress about the benefits of NASP and why it should continue to receive government funding.

(NASP Continued)

. Senior McKenzie Vie, who has been on the Hidden Valley team for three years, marvels at that experience.

“It was very interesting testifying before Congress,” he tells me. “I had expected those Congressmen to know a little something about archery, but they didn’t. So we had to carefully explain to them about the benefits of NASP and archery.

“I found it very difficult trying to teach adults something new. But things must have worked out because Congress did renew the program

I next approach senior Hannah Kocher.

“This is the only club I’ve been a member of my whole time in high school,” she says. “I really enjoy coming to the gym to shoot.”

And that’s reason enough for Virginians to be proud that our state is an active participant in NASP.

VBA ATTENDANCE AT COMMUNITY FAIR, VOSS AND UPCOMING VBA STATE TOURNAMENTS

Published: 15 August 2017

The Bergton Community Fair attendance was down this year, but Shannon and his volunteers from Bowhunters of Rockingham, greeted and talked to many folks about the VBA, what we do, especially to the bowhunters in the area; and, passed out a lot of informational materials.

The VBA was graciously welcome at the Virginia Outdoor Sportsmen Show (VOSS) this weekend along with the volunteers from Dixie Bowmen and Kingsboro Bowmen. Dennis Scott, from Dixie was busy helping the VDGIF with the deer scoring, but found time to stop by the booth. We meet and talked to many archers and bowhunters who did not know about the us, spreading the word what the VBA does for archers and bowhunters in Virginia and joining one of our VBA clubs.

The Pr. William County Fair opened this pass Friday. I and many of the VDGIF, Complementary Work Force Program (CWF) volunteers will be there. On display are animal furs, wildlife exhibits/mounts, brochure and the newest addition is a fish tank. We are there to answer questions folks may have about hunting/bowhunting, Hunter/IBEP/Boating educational classes, etc., and what the VDGIF does.

The VBA 2017 State 3-D Fall Classic Championship (unmarked) will be hosted by Northern Virginia Archers (NORVA) at Fountainhead Regional Park this weekend on Saturday, August 19th and Sunday, August 20th. Registration will be on Friday from 6 p.m. to 8 p.m. and on Saturday from 7 a.m. to 8 a.m. The cost is \$20 per archer or \$40 per family. Start times for both days will be a 9 a.m.

Lastly, the 2017 VBA State Closed that will be hosted by Walton Park Bowhunters in Amherst, VA. on Saturday, September 2nd and Sunday, September 3rd. Registration will be on Saturday from 6 a.m. to 8:30 a.m. The cost is \$20 per archer and \$50 per family. Start times on Saturday will be a 9 a.m. and on Sunday will be at 8:30 a.m. Camping is available on a first come, first serve basis.

Hope to see many of you at our last two State Tournaments this year, enjoy meeting many archers and the food will be great!



VBA Shoot Schedule



Saturday, September 02, 2017 - Sunday, September 03, 2017
08:00am

[VBA State Closed Two Day Tournament](#)

[Walton Park Bowhunters](#)

Saturday, September 09, 2017 - Sunday, September 10, 2017
08:00am

[Bowhunters of Rockingham Two Day Annual "Bowhunters Jamboree" 3-D Shoot](#)

[Bowhunters of Rockingham](#)

Saturday, September 09, 2017 09:00am - 12:00pm

[Manahoac Bowmen "Bowhunter Tune-Up" Shoot](#)

[Manahoac Bowmen](#)

Sunday, September 10, 2017 09:00am - 01:00pm

[Cub Run Archers Annual "Buckbuster" 3-D Shoot](#)

[Cub Run Archers](#)

Saturday, September 16, 2017 09:00am

[NORVA "Deerhunters Prep School" 3-D Shoot](#)

[Northern Virginia Archers](#)

Saturday, September 16, 2017 - Sunday, September 17, 2017
06:00pm

[VBA Quarterly Meeting & 2018 Scheduling Session - 2017](#)

[Bowhunters of Rockingham](#)



Saturday, September 23, 2017 - Sunday, September 24, 2017
08:00am

[Staunton River Archery Club "3rd Annual Joe McManus Memorial Two Day Shoot](#)

[Staunton River Archery Club](#)

Sunday, September 24, 2017 08:00am - 11:00pm

[Kingsboro Bowmen Annual "September Showdown" 3-D Shoot](#)

[Kingsboro Bowmen](#)



The Back Porch

The BusyBody
c/o Red Bourdage
4217 Jackson Mill Rd
Haymarket, VA 20169

Send submissions to:
rjbourdage@comcast.net

Cub Run Archers Club Officers:

President:

Bob Walla

Vice President:

Dave Burke

Secretary:

Robert D'Imperio

Treasurer:

Jim Kerrigan

Field Archery:

Dick Reimer

Range Captain:

Chris Rose

Indoor Archery:

Byron Kissane

3-D Director:

Ryan Johnson

Youth Public Relations:

Jim Smith

Social Director:

Terri Perry

VBA Representative:

Red Bourdage

